

LIFE 2016 Summary Report

This summer, the Ahl al-Bayt Islamic Seminary held its second annual LIFE intensive course. The 9-day intensive program focused on developing a comprehensive understanding of Islam.

Participants delved into the intellectual, spiritual, ethical, and practical aspects of Islam's teachings and examined how all of these aspects relate to community life and experience. Sessions included an introduction to Islamic Philosophy, Theology, Law, Mysticism, and Ethics. Activities included *du'ā'* gatherings, *akhḷāq* sessions, workshops, round-table discussions with scholars, and recreational and service activities.

A new component to this year's LIFE Intensive course was the Initiatives Session, which involved conceiving a collective project aiming to address the community's needs and challenges by mapping out new initiatives and building institutions. Participants were provided a comprehensive project plan to facilitate their projects.

Below you will find a summary of the 9-day course. Click the image to [view the PDF](#).



Click to review the LIFE 2016 Summary (pdf)